# SMS 201-995 enhances S-phase block induced by 5-fluorouracil in a human colorectal cancer cell line

Dražen Massari, Zlatko Trobonjač, Daniel Rukavina and Biserka Radošević-Stašić

The action of the somatostatin analog SMS-201.995 (SMS) was tested in monotherapy and in combined therapy with the cytotoxic agent 5-fluorouracil (5-FU) on cell cycle kinetics of the human colon cancer cell line WiDr, expressing a mutant p53 (mp53). The data, obtained by flow cytometric DNA analysis, showed that SMS at 0.2 µg/ml increased apoptosis, augmenting the proportion of cells with subdiploid DNA content by 65 and 48% after 3 and 6 h, respectively. In cultures lasting 24 and 36 h, it also decreased the percentages of cells in G<sub>0</sub>/G<sub>1</sub> phase by 22.9 and 14.3%; whereas at a dose of 0.1 µg/ml, SMS decreased the percentage of cells in G<sub>2</sub>/M by 14.3%. In contrast to SMS, 5-FU (0.1 µg/ml) augmented the apoptosis at 12 h, and markedly increased the fraction of cells in S phase, increasing its value from 24 and 72 h by 108 and 234%, respectively, in comparison to the control. The most evident finding after the combination of SMS (0.2 µg/ml) and 5-FU (0.1 µg/ml) was a potentiation of 5-FU-induced S-phase block by a further 7.9, 12.9 and 42.1% at 24, 36 and 72 h, respectively. Treatment with 5-FU also upregulated HLA class I expression of the cancer cells. In this sense, SMS was less effective and when given in combination with

5-FU did not change the effects induced by 5-FU. The data emphasize that SMS exhibits pro-apoptotic and anti-proliferative effects, which in proper dose combinations might enhance the effects of 5-FU on human colorectal cancer cells expressing mp53. *Anti-Cancer Drugs* 16:989-996 © 2005 Lippincott Williams & Wilkins.

Anti-Cancer Drugs 2005, 16:989-996

Keywords: cell cycle kinetics, HLA class I expression, human colorectal cell line WiDr, SMS 201-995 (octreotide)

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Sponsorship: This work was supported by a grant from the Croatian Ministry of Science (project 0062018).

In this sense there is a lot of controversy regarding the

anti-neoplastic effects of somatostatin and its analogs

used in monotherapy or in combined therapy with other

cytotoxic agents or other hormones [7–12]. Generally, it

was concluded that apart from some notable exceptions,

somatostatin analog therapy was very disappointing in the

management of advanced malignancy [11], although it

was reported that a long-acting somatostatin analog SMS 201-995 (SMS; octreotide, sandostatin) might

reduce the size of endocrine tumors, such as growth hormone (GH)-producing pituitary adenomas, thyroid-

stimulating hormone-secreting adenomas, carcinoid tumors and vasoactive intestinal peptide-secreting ade-

noma [7–10,12–14]. Some improvements were also

observed in the management of solid tumors [15,16], as well as of colorectal micro-metastases in the liver [17].

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Received 2 May 2005 Revised form accepted 8 July 2005

### Introduction

Colorectal cancer (CRC) is the second to the fourth most common cancer in industrialized countries, affecting more than 145 000 new people in the US annually [1,2]. The prognosis for patients is heavily dependent on stage at diagnosis and although the 5-year survival is over 90% for Duke's A, it is only 5% for Duke's D, indicating incompetence of therapy.

The most commonly administered chemotherapy agents is 5-fluorouracil (5-FU) used in combination with leucovorin or other chemotherapeutics [3–5]; however, the great polymorphism in drug-metabolizing enzymes, as well as the high-penetrance mutations in several other genes, might induce an overexpression or underexpression of drug targets leading to resistance or toxicity to standard chemotherapy regimens. This also points to the necessity of a polygenic approach to pharmacogenetic studies and individualization of therapy [6]. The combinations of agents affecting different pathways in tumor growth might, therefore, present some considerable improvements in the effects of therapeutic strategies.

Similarly, it was noticed that somatostatin and its analogs exhibit anti-proliferative effects on several tumor cell lines, using five G-protein-coupled receptors and diverse signal transduction pathways, including adenylate cycles, phospholipase C-β, phospholipase A<sub>2</sub>, guanylate cyclase, ionic conductance channels and tyrosine phos-

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phatase [18-23].

As our previous findings showed that SMS has marked anti-proliferative and immunomodulatory properties [24,25], in the present study we attempted to analyze its effects in monotherapy and in combined therapy with standard chemotherapeutic 5-FU on the human CRC cell line WiDr, which like most human CRCs [1] expresses a mutant p53 (mp53). The data obtained by the evaluation of cell cycle kinetics revealed that SMS alone has proapoptotic and anti-proliferative effects, as well as that SMS in combination with 5-FU might potentiate the 5-FU-induced arrest of cells in S phase of the cycle. This suggested that proper timing and combination of these drugs might improve the anti-neoplastic therapy. However, in contrast to 5-FU, SMS was a less-effective inducer of HLA class I expression on WiDr cells.

### Material and methods Cell culture and cell growth study

Human colorectal adenocarcinoma cell lines WiDr with mp53 (ECACC 85111501) was obtained from ATCC (Rockville, Maryland). The cells were grown in RPMI 1640 (Life Technologies, Grand Island, New York, USA) supplemented with fetal bovine serum [10% (v/v); Hyclone, Logan, Utah, USA], glutamine (2 mM), penicillin (100 000 U/l) and streptomycin (100 mg/l). Longterm cell cultures were maintained at 37°C in a humid atmosphere of 5% CO<sub>2</sub>/95% air. The medium was replaced every second day and passaging was performed by exposing the cells to 0.1% trypsin for 10 min.

For the cell growth study, floating and trypsinized adherent cells were collected, washed 3 times in RPMI and centrifuged at  $2500\,g$  for 5 min at 4°C. Cells were counted using a hemocytometer and  $0.5\times10^6$  cells/2 ml medium were cultivated in 24 well dishes and treated with 5-FU (Pliva, Zagreb, Croatia) and/or SMS (Novartis, Basel, Switzerland) in different concentrations and combinations.

### Flow cytometric cell cycle and DNA fragmentation analysis

In cultures lasting 3, 6, 12, 24, 36, 48 and 72 h, cell cycle analysis was undertaken using a flow cytometer together with CellFit software (Becton Dickinson, Mountain View, California, USA) and CellQuest software (Macintosh, Quadra 650). For this purpose, floating and trypsinized adherent cells were collected, suspended in PBS (pH 7.3), fixed with 70% (v/v) ethanol and stained with propidium iodide (PI; Sigma, St Louis, Missouri, USA) staining solution (0.05 mg/ml PI, PBS, pH 7.4 with 1% glucose, 0.1 mg/ml RNase A) for 1 h at room temperature in the dark. Cell cycle analysis was performed on a FACScan flow cytometer (Becton Dickinson), collecting data on 10000 cells from each sample. Debris was excluded by selective forward versus side scatter gating. The percentage of cells with subdiploid DNA was quantified by the CellFit software by plotting intensity of fluorescence versus number of cells. The percentage of cells located to the left of the  $G_{0/1}$  peak, diagnostic of hypodiploid cells that have lost DNA, was taken as the percentage of apoptotic cells [[26]].

### **Determination of major histocompatibility antigen class** (HLA) I expression

HLA I antigen expression was quantified using flow cytometry. The monoclonal mouse antibody W6/32 against the monomorphic region of human HLA (IgG2a,κ) was obtained from Dako (Hamburg, Germany).

### Statistical analysis

Statistical analysis was performed by Student's *t*-test for unpaired samples or by the Mann–Whitney *U*-test, using the Sigma Plot (Jandel Scientific, Corte Madera, California, USA) scientific graphing system, version 6.10. The differences were considered significant for P < 0.05. Data are reported as means  $\pm$  SEM, unless otherwise noted.

### **Results**

DNA content of cells was analyzed in cultures lasting 3, 6, 12, 36, 48 and 72 h after monotherapy with SMS or 5-FU, as well as after the combination of these two agents. The data were compared with the findings obtained in cells maintained in medium only. Each experiment was performed a minimum of 4 times, with one sample of each concentration compared with a control sample on each occasion.

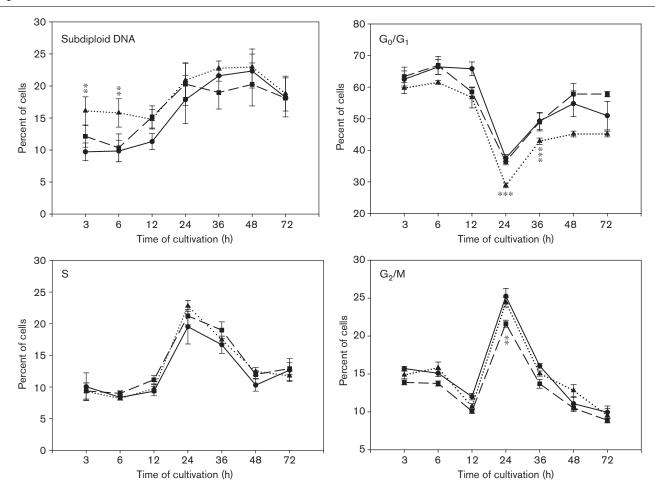
### Cell cycle kinetics of the human CRC cell line WiDr after monotherapy with SMS

Treatment with SMS at a dose of  $0.2\,\mu\text{g/ml}$  stimulated apoptosis after 3 and 6 h, increasing the proportion of cells with subdiploid DNA content by 65 and 48%, respectively (from  $9.7\pm1.3\%$  in the control culture to  $16.01\pm2.2$  and  $14.5\pm3.4\%$  at 3 and 6 h. respectively; Fig. 1; P<0.01). Furthermore, at 24 and 36 h, SMS  $(0.2\,\mu\text{g/ml})$  also decreased the percentages of cells in  $G_0/G_1$  phase by 22.9 and 14.3% (P<0.0001), respectively, while at a dose of 0.1  $\mu\text{g/ml}$  SMS, it decreased the percentage of cells in  $G_2/M$  phase by 14.3% (P<0.003), suggesting its inhibitory effect on mitotic cells.

## Cell cycle kinetics of the human CRC cell line WiDr after monotherapy with 5-FU

In contrast to SMS, treatment with 5-FU (Fig. 2) at a dose of  $0.1 \,\mu\text{g/ml}$  increased the percentage of subdiploid cells at 12 and 72 h by 96 and 107% (from  $11.3 \pm 1.2$  to  $22.2 \pm 4.1\%$ , P < 0.01 and from  $18.2 \pm 3.0$  to  $37.7 \pm \%$ , P < 0.05, respectively), and provoked a marked arrest of cells in S phase of the cycle, increasing its value at 24–72 h by 108, 123, 234 and 81.7%, respectively, in comparison with values found in the untreated cultures (i.e. from  $19.5 \pm 2.7$  to  $40.7 \pm 1.3\%$ , from  $16.6 \pm 1.3$  to  $37.1 \pm 1.0\%$ ,  $10.3 \pm 0.9$  to  $34.4 \pm 1.8\%$ , P < 0.0001 and

Fig. 1



Cell cycle distribution of human colorectal WiDr cancer cells after treatment with SMS at (squares) 0.1 and (triangles) 0.2 µg/ml in comparison with cell cycle distribution of untreated cells (control; circles). Cells were grown in culture media recommended by the ATCC, and analyses were performed on a flow cytometer using CellFit and CellQuest Software as described. Each experiment was performed a minimum of 4 times with one sample of each concentration compared to a control sample on each occasion. Data are means ± SEM. \*\*P<0.01; \*\*\*P<0.001.

from 12.6  $\pm$  1.8 to 22.9  $\pm$  1.1%, P < 0.01, respectively). In contrast, higher doses of 5-FU (1 and 10 µg/ml) arrested more cells in the  $G_0/G_1$  phase (at 24 h; P < 0.0002).

### The effects of combined therapy with 5-FU and SMS

The combination of 5-FU and SMS was tested in various dose combinations (not shown). The most evident changes were obtained by combining SMS (0.2 µg/ml) and 5-FU (0.1 µg/ml) in cultures lasting 24, 36 and 48 h, where SMS in comparison with the effect of 5-FU alone potentiated and prolonged the 5-FU-induced S phase block, increasing this fraction of cells by an additional 7.9% (from  $40.7 \pm 1.3$  to  $43.9 \pm 1.0\%$ ; P < 0.05), 12.9%(from  $37.1 \pm 1.0$  to  $41.9 \pm 1.0\%$ ; P < 0.003) and 42.1%(from  $34.4 \pm 1.8$  to  $48.8 \pm 1.8.0\%$ , P < 0.002), respectively (Fig. 3). Simultaneously, in the interval between 36 and 48 h, the addition of SMS decreased the proportion of cells in  $G_0/G_1$  as well as in the  $G_2/M$  phase (after 24 and 36 h). The same combination also enhanced the percentage of apoptotic cells, increasing significantly the proportion of cells with subdiploid DNA at 36 h by 32% (from  $22.7 \pm 1.1$  to  $29.97 \pm 1.7$ , P < 0.002) in comparison with cultures treated with SMS alone (Fig. 3).

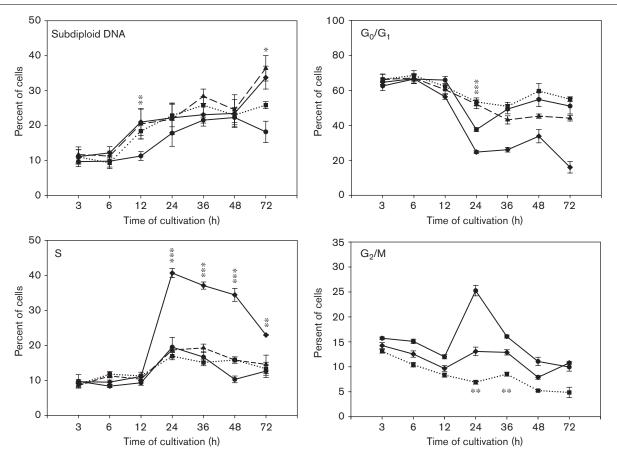
### Modulation of HLA class I expression on the human CRC cell line WiDr by 5-FU and SMS

Cancer cells treated with 5-FU markedly upregulated the expression of membrane-associated HLA class I, increasing after 72 h (at a dose of 0.1 µg/ml) the mean fluorescence intensity (MFI) to 3.73 (Fig. 4). In this sense, SMS was less effective, increasing the MFI to 2.69 at a concentration of 1 µg/ml. Combined therapy did not produce larger effects than 5-FU alone.

#### **Discussion**

The data show that SMS alone has pro-apoptotic and anti-proliferative properties, which in certain combinations with 5-FU may enhance the anti-neoplastic effects

Fig. 2



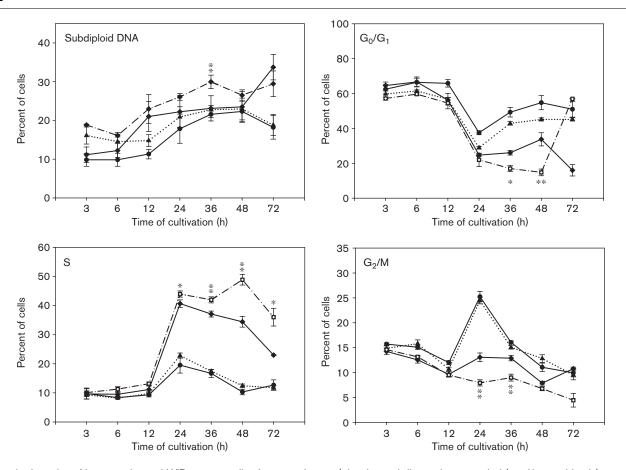
Cell cycle distribution of human colorectal WiDr cancer cells after treatment with various doses of 5-FU [(diamonds) 0.1, (triangles) 1 and (squares) 10 μg/ml) in comparison with the cell cycle distribution of untreated cells (control; circles). Data are means ± SEM. \*P<0.05; \*\*P<0.01; \*\*\**P*<0.001.

of 5-FU (Figs 1 and 3). This is of particular interest, because the investigations were performed on the human CRC line WiDr, which expresses abnormal p53 protein with a missense point mutation, similar to more than 75% of human colon carcinomas [1,27] in which these mutations might also determine the sensitivity to 5-FU and other chemotherapeutics [28].

The results are consistent with previously published reports [22,23,29-33], but emphasize again that the findings in this field are dependent on type of tumor cells, conditions of cultivation, as well as on doses and timing of drug combinations. This indicates that the final outcome depends on the interaction of drugs with diverse signal transduction pathways, activated by SMS and 5-FU.

Anti-proliferative effects of somatostatin are mediated either indirectly, through inhibition of various mitogenic factors, or by direct receptor-mediated actions on the cells [7–10,34]. Examples of the former include suppression of trophic hormones, such as GH, prolactin and gastrointestinal hormones, and suppression of paracrine or autocrine activity, such as epidermal growth factor (EGF) and insulin-like growth factors [35]. The direct effects of somatostatin are mediated through a family of five somatostatin receptors (sst1-sst5) which regulate diverse signal transduction pathways, including adenylate cyclase, Ca<sup>2+</sup> and K<sup>+</sup> channels, phospholipase C-β, phospholipase A2, guanylate cyclase, serine/threonine phosphatases, and tyrosine phosphatases [8,10,18-23,34,35]. Native somatostatin binds to all five subtypes similarly, but a somatostatin analog, SMS, binds with high affinity to the sst2 and sst5 receptor subtypes, and with a moderate affinity to sst3, suggesting that only the tumors expressing these types of receptors would be sensitive to therapy with SMS. Thus, good experience has been obtained with SMS therapy in gastrointestinal neuroendocrine carcinomas [36,37]. This is in contrast to advanced pancreatic cancer [38] or CRC, both of which minimally express SMS-binding sites [8]. However, even in the later conditions, it was noticed that SMS might

Fig. 3

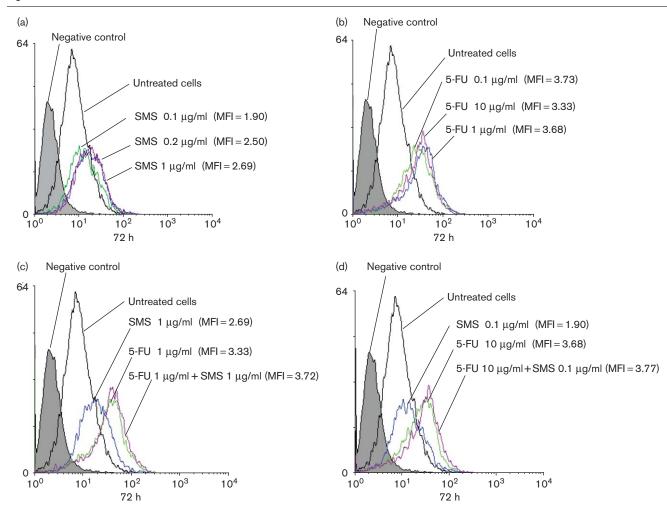


Cell cycle dynamics of human colorectal WiDr cancer cells after monotherapy (triangles and diamonds, respectively) and/or combined (open squares) therapy with SMS (0.2 µg/ml) and 5-FU (0.1 µg/ml) in comparison with the cell cycle distribution of untreated cells (control; circles). Data are means ± SEM. \*P<0.05; \*\*P<0.01; \*\*\*P<0.001.

have some indirect influence, since somatostatin receptors might be locally upregulated by blood vessels around the tumor, resulting in inhibition of angiogenesis in neoplastic tissue [8,39].

Additionally, SMS has been shown to inhibit cell proliferation of several human colorectal cells lines and to suppress the growth of tumors derived from these lines, both in vitro and in vivo [23,40-44]. It reduced the DNA and protein content in these tumors [43], and inhibited carcinoembryonic antigen secretion of human colon cancer lines [45] and of primary rectal carcinoma in patients [46]. Furthermore, treatment with SMS also decreased the mitogenic effect of EGF [23] and depressed the growth-promoting effect of gastrin on the transplanted carcinoma, suggesting that SMS might block the effects of endogenous gastrin, which can promote the growth of some CRCs by regulating the expression of oncogenes c-myc and c-fos [47]. Occasionally, however, invitro effects of SMS have not been obtained, due to the very low expression of SST proteins or due to the loss of somatostatin receptors in previous passages of cell lines [48].

More evidence about the effects of somatostatin on the cell cycle machinery has been obtained from experiments on heterologous cells, transfected with individual SST receptor subtypes. Recent data elucidated that Gi/0protein-coupled sst2 receptor inhibits cell proliferation especially by activation of a tyrosine phosphatases SHP-1 and SHP-2, leading to induction of the cyclin-dependent kinase (CDK) inhibitor p27kip1, as a consequence of a strong and transient stimulation of ERK2 signaling via a SHP-1–SHP-2–PI3K/Ras–Rap1/B-Raf/MEK1/2 pathway [49]. In Chinese hamster ovary DG44 cells stably expressing sst2, the somatostatin analog RC-160 has promoted G<sub>1</sub> cell cycle arrest of insulin-treated cells [50], similar to somatostatin 14 and SMS on proliferating GH3 rat pituitary tumor [51]. However, apart from these cytostatic and anti-proliferative effects, SMS might have also p53-dependent and -independent pro-apoptotic activities, mediated by the activation of sst3 and sst2



Flow cytometric analysis of HLA class I expression on human colorectal WiDr cancer cells after monotherapy and/or combined therapy with SMS and 5-FU. (a) SMS alone at 72 h, (b) 5-FU alone at 72 h, (c) combined therapy with 5-FU (1  $\mu$ g/ml) + SMS (1  $\mu$ g/ml) and (d) combined therapy with 5-FU (10  $\mu$ g/ml) + SMS (0.1  $\mu$ g/ml). Histograms represent the MFI obtained upon staining with monoclonal mouse antibody W6/32 against the monomorphic region of human HLA (IgG2a, $\kappa$ ) or with isotypic control.

receptors, respectively [52]. Consistent with the later hypothesis is that SMS in monotherapy induces an acute apoptosis visible after 3 and 6 h of treatment (Fig. 1).  $G_0/G_1$  block, however, was not seen, probably due to the presence of mp53 in the WiDr cell line; instead, the remaining cells progressed to the S and  $G_2/M$  phase, where a greater inhibitory effect was seen after 24 h. The later, however, was obtained only for a dose of  $0.1 \,\mu\text{g/ml}$  (P < 0.003), which in contrast to a dose of  $0.2 \,\mu\text{g/ml}$  did not show any pro-apoptotic effect (Fig. 1).

In combination with 5-FU, SMS, markedly potentiated the 5-FU-induced accumulation of cells in S phase, indicating interference with downstream effectors of 5-FU-activated mechanisms. In this sense, our data are in agreement with previously reported findings which showed that combinations of octreotide and 5-FU might

result either in additive or, at high concentrations of the chemotherapeutic agent, in synergistic interactions [31,32]. The mechanisms of this interference are still unclear.

Generally it is held that the anti-metabolite 5-FU, which is predominantly used for the treatment of epithelial cancers, possesses a dual mechanism of action that depends on the concentration of the drug and the cellular characteristics of target cells [3–5]. In the first mechanism, 5-FU inhibits thymidylate synthase (TS) after extensive metabolism, where the active metabolite FdUMP forms a covalent ternary complex with the enzyme and the reduced folate cofactor, 5,10-methylenetetrahydrofolate, used in the normal catalytic reaction. The induction of a thymine-less state leads to DNA damage and subsequent death. The second mechanism of

5-FU cytotoxicity is that following metabolism of the drug to ribonucleotides with subsequent incorporation of FUTP into RNA, resulting in aberrant processing of RNA species [53]. The effects are highly dependent on p53, since in the presence of a wild-type p53 gene both types of cytotoxicities induce Fas-mediated acute apoptosis in several human colon carcinoma cell lines, while in the presence of mutant \$\phi 53\$, cells undergo prolonged S-phase arrest followed by delayed apoptosis [53–56].

Our data, showing that in the WiDr colon cell line with mp53, lower concentrations of 5-FU (0.1 µg/ml) block the cells in S phase, also inducing late apoptosis (Fig. 2), seems to support some of the previous findings. The results, however, only permit us to speculate about the mechanisms by which SMS given in combination with 5-FU (5-FU  $0.1 \,\mu\text{g/ml} + \text{SMS} \,0.2 \,\mu\text{g/ml})$  enhanced the 5-FU-induced S-phase block and translocated the apoptosis to an earlier time interval (Fig. 3). There is the possibility that SMS retarded the degradation of 5-FU or activated some pathways that induced RNA cytotoxicity, but proof is lacking, although it is known that in somatostatininduced apoptosis the activation of membrane-associated SHP-1 induces the intracellular acidification which precedes the mitochondrial dysfunction [57], as well as that treatment with SMS increases the expression of the p53 tumor suppressor protein breakdown product [58]. Furthermore, since the activation of sst2 somatostatin receptors prevents growth factor-induced cell proliferation through activation of the tyrosine phosphatase SHP-1 leading to induction of the CDK inhibitor  $p27^{kip1}$  [50], there is also the possibility that SMS inactivated CDK/ cyclin complexes and blocked the further cell cycle progression.

Our data also show that both 5-FU and SMS given as monotherapy may increase the surface expression of HLA class I on the human colorectal line WiDr (Fig. 4), suggesting that after in-vivo application they probably contribute to abrogation of the failure of T lymphocyte recognition during an immune response against a tumor, which is often seen in cancer patients. However, combinations of 5-FU and SMS did not give an additive effect, and the mechanisms are unclear, although the data are in agreement with previously published evidence showing that 5-FU may stabilize HLA class I mRNAs, leading to their accumulation [59], as well as with our observation that SMS may upregulate the expression of H-2<sup>d</sup> antigens on YAC-a tumor cells line after prolonged in-vitro treatment (unpublished data).

In conclusion, our results obtained on the human colon cancer cell line WiDr with mp53 show that proper timing and dose combinations of 5-FU and SMS might result in enhanced growth arrest and pro-apoptotic effects, suggesting that they might be useful in the therapy of human CRC.

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